

50K

LIVES IMPACTED

ADVANCED RECOVERY SYSTEMS

Our alumni started rehab and changed their lives.
It's your turn.



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Celebrating 50,000+ Lives Impacted

This milestone is not just a number; it represents the countless stories of hope, recovery, and transformation that we've witnessed over the years. Some of those stories can be found in this book. These are stories of families reunited, friendships rekindled, and futures reimaged.

When we started in 2013 with a single location and a goal to help those struggling with addiction, we never imagined that a short decade later we would have 13 locations across the United States with more on the way. Still, we knew that by focusing on evidence-based, compassionate addiction care, we could create a positive impact in peoples' lives.

We also knew that we needed a dedicated group of professionals to help us do it. So, as we celebrate 50,000 lives impacted, we see this not as our achievement, but as a testament to both the incredible work of our dedicated team and the resilience of our patients.

As we set our sights on the next 50,000 lives impacted, we want to thank everyone who has supported our mission. We look forward to making an even greater impact on those seeking recovery and creating a brighter, healthier future for all.



Dr. Mitchell Eisenberg
Founder



Dr. Lewis Gold
Founder



About Us

Advanced Recovery Systems is a trusted, physician-led behavioral healthcare company dedicated to providing evidence-based, expert care for addiction and mental health conditions.

We work with health care providers, organizations and individuals to connect those in need to life-saving addiction treatment and mental health support that repairs lives, families and the surrounding communities.

Our Philosophy

We understand addiction as a chronic, relapsing brain disease. We treat each patient holistically, taking into account the mental, physical and emotional symptoms of their addiction.

We also work to uncover and address the root causes that led to an addiction to drugs or alcohol. Our addiction experts are passionate about what they do, knowing that everyone who comes through our doors is more than their addiction.

Our Core Beliefs

- Anyone can recover from addiction.
- Every patient deserves respectful and compassionate care.
- Addiction is treatable with evidence-based care backed by research.
- The physical and mental causes of addiction should be addressed simultaneously.
- Recovery is a journey that requires lifelong commitment.





THE
RECOVERY
VILLAGE
UMATILLA

Located in Umatilla, Florida, The Recovery Village Umatilla is dedicated to providing high-quality treatment for drug and alcohol addictions and co-occurring mental health conditions in a safe, supportive environment. Each program and service at the facility is designed to meet the needs of Florida's diverse population and centered around effective care for each person.

Our facility is nestled minutes away from the scenic Ocala National Forest and about an hour's drive from Orlando's city center. In this tranquil retreat, patients can escape the people, places and things that trigger their drug and alcohol use and make a fresh start towards recovery.

Start Your Recovery Journey with Us

633 Umatilla Blvd.
Umatilla, FL 32784

(855) 623-0398

therecoveryvillage.com



Carl Verna

Alumni

The Recovery Village Umatilla



When did you realize you wanted to get treatment?

"I was using alcohol to mask issues and self-medicate but, pretty soon, my life began to spiral out of control to the point where I almost lost the people I love the most. I woke up in a hospital, not knowing how I got there or what day it was. Seeing the sadness and disappointment on my wife's face and the confusion from my children shook me to my core. It was then that I realized my life had become unmanageable and that I needed help."

Why did you (or your loved one) choose our treatment center?

"After several phone calls and research, I spoke to representatives from The Recovery Village that I connected to immediately. I felt they knew what I needed for my recovery and were familiar with my story and my particular needs. They were clear and concise with what the program offered and walked me through the steps I needed to get the care I sought with competent urgency."

What part of your treatment was the most helpful?

"The psychiatric care I received was invaluable. I began to understand the physiological aspect of the disease of alcoholism, which took away the shame and stigma often associated with this condition; this then prepared me mentally to be open to the rest of the treatment I received."

Who made the biggest difference in your recovery journey?

"From food services to the nurses to the counselors and medical team. The staff of professionals at The Recovery Village were all invaluable. It was a team effort, and every member of the staff exuded a positivity and compassion that was palpable to me. I felt like it was a safe place with competent professionals, which was conducive to me getting better."

How has your life changed after getting treatment at our center?

"Life is worth living again! I look forward to every day, and I have reconnected with my family, my higher power and my career like never before. I joined A.A. when I was in treatment, and I continue to go to meetings. My physical and mental state has improved dramatically, and I am excited for the future."

How would you encourage someone else who needs treatment?

"It all starts with recognizing that you need help and that you can't do it by yourself. It takes a team of dedicated professionals and a belief in your Higher Power, however you define that to be."





Ed Hobson

Alumni

The Recovery Village Umatilla

When did you realize you wanted to get treatment?

"I realized I needed treatment when all of my loved ones made it clear to me how painful it was for them to watch me destroy myself."

Why did you (or your loved one) choose our treatment center?

"I found TRV through a nurse at a detox in Connecticut."

What part of your treatment was the most helpful?

"My one-on-one therapist was a fellow musician and the first person to address musician-specific mental health issues I was experiencing. Beyond that, the 12-step meetings made available in-house to us every night helped me build the infrastructure for a successful strategy for sobriety post-discharge."

Who made the biggest difference in your recovery journey?

"The entire team at TRV, along with my sponsor."

How has your life changed after getting treatment at our center?

"There is no way to exaggerate the scope of how dramatically my life has changed since receiving treatment at TRV. I live a life free from the cold shackles of addiction in a way that was desperately unimaginable prior to my being introduced to this new way of life. At TRV, I was given tools I could use to manage the issues I used to fruitlessly try to bury in drugs and alcohol."

How would you encourage someone else who needs treatment?

"I would tell them my story and hope they would be able to see how recovery has brought me from the brink of death to a fulfilling and healthy life. I would tell them how much easier their life will be when they are free from all the stress and worry that lives within the seemingly eternal slavery of addiction."



Tamitra Quiles

Alumni

The Recovery Village Umatilla



When did you realize you wanted to get treatment?

"I knew I needed to seek treatment when I could no longer 'control,' hide, maintain and survive my addiction. I was alienating family and friends, on the verge of losing my job, everything."

Why did you (or your loved one) choose our treatment center?

"I chose TRV mostly because of its location. It was well-removed from familiar areas, and I was desperate for a change in my life."

What part of your treatment was the most helpful?

"The most helpful was the overall structured programming, from wake-up calls, group sessions, and levels of care. The breaking down of my outside life norms and being guided to follow protocols and procedures, all of which I came to understand were for my success in recovery."

Who made the biggest difference in your recovery journey?

"The BHTs, support staff, and the community itself. The experience I had at TRV with that unique mix of individuals showed me so much of myself and gave me hope and faith that I could make it to long-term sobriety and be a testimony for others."

How has your life changed after getting treatment at our center?

"I'm currently 9 months sober and clean. I've been hired on a dream job and recently got accepted to a university. I am living in a safe, sober home surrounded by like-minded women. My outlook on my recovery is that anything is possible once I decide to make the choice to be actively present and to lead a good, sober life a daily priority."

How would you encourage someone else who needs treatment?

"I'd implore them to stop and look at their lives thus far. I'd ask if they were honestly happy with themselves. I'd let them know it's ok to not know the answers and that it was ok. I'd ask them to at least step up and try. Try to make one little step to be someone different, someone better than they were yesterday."





ORLANDO
RECOVERY
CENTER

At Orlando Recovery Center, we believe every person can heal from addiction through compassionate care personalized to their needs. We offer a range of rehab programs for drug and alcohol addiction in a safe, supportive environment with full-time medical and clinical staff.

Serving Orlando and the greater Central Florida community, Orlando Recovery Center is a 93-bed rehab facility located just outside downtown Orlando, less than 15 minutes from the Orlando International Airport (MCO). Our alcohol and drug rehab facility is equipped to offer inpatient care for substance abuse and co-occurring mental health conditions. Outpatient care is offered at our sister facility in Maitland, Florida.

Start Your Recovery Journey with Us

6000 Lake Ellenor Dr.
Orlando, FL 32809

(855) 623-0398

orlandorecovery.com





Alexander Fuentes

Alumni

Orlando Recovery Center

When did you realize you wanted to get treatment?

"When I got tired of being someone I wasn't and when I realized I was meant to do more in life. I realized I was made for greatness, just like everyone else."

Why did you (or your loved one) choose our treatment center?

"I chose Orlando Recovery Center because it seemed to have great reviews, and I had a cousin who also chose ORC who is now living an amazing life: clean, sober, and most importantly — FREE!"

What part of your treatment was the most helpful?

"To be honest, obviously, the clinical staff was always there for me, but I would say the camaraderie with my fellow addicts/alcoholics is what helped me the most! I've made some lifelong friends and new family members. I've built so many amazing relationships with my peers that they helped keep me going. ORC really pushes you into building a community with other people in recovery, and I have to say that was essential to my time at ORC. Group [sessions] were my favorite due to the fact that's when I realized I wasn't alone and that we are all HUMAN and no HUMAN is perfect. There is beauty in our imperfections."



Alexander Fuentes

Alumni

Orlando Recovery Center



Who made the biggest difference in your recovery journey?

"Man, oh man! This is a tough question because ALL of the ORC staff, all the way from cleaning staff, food staff, clinical, and medical were CRUCIAL to my journey. My therapist Veronica was AMAZING! She helped me look at life in a much different light. She gave me tools to utilize not only in my recovery but also in everyday life. Ryan, the recreational therapist (YOU DO MATTER), was another major component to my time at ORC!"

How has your life changed after getting treatment at our center?

"I've never been better. I struggled with my addiction for 2 years, and I have to say, as bad as everything was in life because of my addiction, I was able to become a better person than I was pre-addiction and, of course, mid-addiction. I am grateful I went through this hardship as it has taught me so much about myself, the world and my relationships with family, friends, and most importantly, myself. I couldn't have done it without Orlando Recovery Center! I am thriving and finally living my life to its full potential and doing what I love most! Living FREE Spiritually, Mentally, and Physically."

How would you encourage someone else who needs treatment?

"If it even crosses your mind that you think you need help, DO IT! Get the Help! You need it! There is absolutely no shame in wanting to be a better you! It took me some time to realize that, but once I did, I asked for help. Remember, we all have our troubles, but it is up to us to work on those troubles. If you don't believe it, just know there are other people who want the best for you, and I also want the best for you! Orlando Recovery Center also makes sure they do their best to help you! They sure helped me a ton, and I felt taken care of. It takes courage and strength and we ALL HAVE that! I promise you that!"





Michael Walker

Alumni

Orlando Recovery Center

When did you realize you wanted to get treatment?

"When I realized how much my addiction was impacting my life socially & professionally."

Why did you (or your loved one) choose our treatment center?

"It was recommended to me because of its proximity to me & its reputation."

What part of your treatment was the most helpful?

"The group therapy sessions."

Who made the biggest difference in your recovery journey?

"The other patients that were seeking help."

How has your life changed after getting treatment at our center?

"I have a firm grip on my sobriety. I feel like I am in complete control. I still do outpatient therapy through Recovery to stay focused."

How would you encourage someone else who needs treatment?

"I would let them know that nothing will change unless they really want it. I would tell them about my story."





THE
RECOVERY
VILLAGE
AT BAPTIST HEALTH

Serving South Florida communities and welcoming both in- and out-of-state clients, The Recovery Village at Baptist Health is poised to change lives with high-quality, personalized treatment for drug and alcohol addiction. We believe that when more people seek compassionate, professional treatment, we can help turn the tide of the opioid epidemic and drug overdose rates in our state and beyond.

Our inpatient location near Palm Beach, Florida offers residential care to begin your recovery journey, while our Miami outpatient location offers patients the flexibility and continued support needed for long-term recovery.

Start Your Recovery Journey with Us

4905 Lantana Rd.
Lake Worth, FL 33463

8750 SW 144 St. Ste 207
Miami, FL 33176

(855) 623-0398

floridarehab.com



Chase Cushing

Alumni

The Recovery Village at
Baptist Health



When did you realize you wanted to get treatment?

"December of 2022."

Why did you (or your loved one) choose our treatment center?

"I got a referral from a good friend."

What part of your treatment was the most helpful?

"The medical detox and all of the staff."

Who made the biggest difference in your recovery journey?

"The medical team. Being able to comfortably detox and taper off of medication was important."

How has your life changed after getting treatment at our center?

"I'm free once again."

How would you encourage someone else who needs treatment?

"By telling them that in taking advantage of this treatment, they will be able to live a happy life."





Ryan Scott

Alumni

The Recovery Village at
Baptist Health

When did you realize you wanted to get treatment?

“When I relapsed after working my 12 steps.”

Why did you (or your loved one) choose our treatment center?

“High reviews.”

What part of your treatment was the most helpful?

“The group therapy sessions. The therapists were able to explain the psychological, physiological and society influences and how they interacted in my life.”

Who made the biggest difference in your recovery journey?

“Freddy, who is one of the therapists at the center. Her explanations and ability to convey ideas still stick with me.”

How has your life changed after getting treatment at our center?

“My self-image is much better. I no longer look at myself as just an addict that will never be anything else. Now I understand that I am a complex person who happens to have addictive tendencies.”

How would you encourage someone else who needs treatment?

“It sucks at first but gets so much better if you give it your all.”





THE
RECOVERY
VILLAGE
CHERRY HILL
Cooper

Located just 15 minutes from Philadelphia in Camden County, New Jersey, The Recovery Village Cherry Hill at Cooper opened its doors in January 2021 to help people across the Northeast recover from addiction and lead healthier, safer lives.

To better combat a drug epidemic affecting entire communities, treatment for addiction must be personalized for the individual. The Recovery Village Cherry Hill at Cooper's cutting-edge, 55,000 square foot facility offers a full continuum of care to address a patient's substance abuse and co-occurring mental health conditions. The center offers personalized, evidence-based treatment for the general population and specialty care for veterans and first responders.

Start Your Recovery Journey with Us

761 Cuthbert Blvd.
Cherry Hill, NJ 08002

(855) 623-0398

southjerseyrecovery.com



Isaiah Richardson

Alumni

The Recovery Village
Cherry Hill at Cooper



When did you realize you wanted to get treatment?

"When I realized how sick I kept getting and ruining my family."

Why did you (or your loved one) choose our treatment center?

"I loved the reviews, and it was recommended by my physician."

What part of your treatment was the most helpful?

"The staff was great, very knowledgeable. Also, interacting with other patients and sharing one another's stories. I met some lifelong friends there."

Who made the biggest difference in your recovery journey?

"Myself all around. Nah, but honestly, everyone who's played a part in this journey, it will be impossible to single out one individual. I will have to say The Recovery Village played the biggest part."

How has your life changed after getting treatment at our center?

"Being able to wake up every day without being sick, seeing my family and friends see my progress, not having to lie and hide my alcoholism, spending time with my son, giving me a structural routine and learning how to love myself again."

How would you encourage someone else who needs treatment?

"I'd share my experience and guide them to the right path of recovery. It's a beautiful experience."





Joseph McDermott

Alumni

The Recovery Village Cherry Hill
at Cooper

When did you realize you wanted to get treatment?

"When my life became unmanageable and unbearable."

Why did you (or your loved one) choose our treatment center?

"I was recommended to go to detox at The Recovery Village."

What part of your treatment was the most helpful?

"Residential [inpatient rehab] and the boarding house [PHP]. Residential gave me knowledge and routine while boarding prepared me for when I left."

Who made the biggest difference in your recovery journey?

"My counselor Brianni and all the people I met throughout my journey!"

How has your life changed after getting treatment at our center?

"My life has become something that I'm proud of and something I can be grateful for."

How would you encourage someone else who needs treatment?

"By saying that there is hope for a better life, that there is hope to overcome all obstacles and to know that you are not alone."



Justin Walker

Alumni

The Recovery Village
Cherry Hill at Cooper



When did you realize you wanted to get treatment?

"My mother had just passed, and my drinking and depression became uncontrollable. Between the insomnia and hand tremors, I knew I needed help."

Why did you (or your loved one) choose our treatment center?

"This was the closest facility with the highest ratings and had more programs to offer than regular IP [inpatient rehab] or OP [outpatient rehab]."

What part of your treatment was the most helpful?

"The staff was phenomenal. A lot of them are in recovery as well, so they know what you're going through."

Who made the biggest difference in your recovery journey?

"My fellow patients, they let me know I wasn't alone."

How has your life changed after getting treatment at our center?

"It's been about two weeks now, and I feel fantastic. I have more energy, and it's great not to be preoccupied with drugs and alcohol."

How would you encourage someone else who needs treatment?

"I would let them know they are not alone with their addictions, and even though recovery can be tough, things will get better."





THE
RECOVERY
VILLAGE
COLUMBUS

The Recovery Village Columbus helps people overcome drug and alcohol addictions and co-occurring mental health conditions in a safe, supportive environment. Our Groveport, Ohio location aims to help turn the tide of the current opioid epidemic in Ohio and provide life-changing treatment for people who struggle with a variety of substance use disorders.

Our Ohio facility offers treatment through a balance of medical care and counseling. During their stay at our treatment center, clients can begin their recovery from alcohol and drug addiction with expert-level care in a serene setting. We also offer a specialty track for veterans and first responders that addresses the unique needs of these populations.

Start Your Recovery Journey with Us

3964 Hamilton Square Blvd.
Groveport, OH 43125

(855) 623-0398

columbusrecoverycenter.com



Chris Groves

Alumni

The Recovery Village
Columbus



When did you realize you wanted to get treatment?

"In the fall, I found myself in full relapse mode for over 3 months. I was using every day, all day. Unlike times before, I was unable to stop on my own, even for a day. I knew at that point inpatient treatment was the only positive solution."

Why did you (or your loved one) choose our treatment center?

"There are a lot of options for treatment centers, and choosing the right one can really be a gamble. I have a close friend who has worked at many facilities around Central Ohio. I asked her what was the best treatment center locally, and she told me it was The Recovery Village (and she was working at another facility at the time!)."

What part of your treatment was the most helpful?

"I have been in and out of recovery for almost 18 years. I would be what most would consider a chronic relapser. With one of the counselors, we really looked in-depth at each of my relapses over the years. While each relapse looked different on the surface, when we dug down, we found points at which they were all the same."

Along the path to my relapses, I identified 3 big red flags: the first of which is disengaging and stopping attendance at 12-step meetings. These 3 red flags today are things I know will lead me to a relapse, and I know if I intervene at those points, the path to relapse is stopped. It has REALLY strengthened my recovery."



Chris Groves

Alumni

The Recovery Village
Columbus



Who made the biggest difference in your recovery journey?

"There are so many — friends, family, coworkers, counselors and sober support — so I can't really pinpoint one person. I like to say, "It takes a village to keep me sober." Within The Recovery Village, I felt like they really cared about each client, from the counselors, BHTs, the administrators, even the cooks and custodial staff. It wasn't a job but a passion for them. I don't think you find that in most places."

How has your life changed after getting treatment at our center?

"So many ways. Today, I don't feel like I'm holding onto a cliff, waiting to fall off into relapse. I'm a good worker, friend, brother and son again."

How would you encourage someone else who needs treatment?

"I used to ask the question, 'Am I bad enough to do inpatient treatment?' I should have asked, 'How can inpatient treatment benefit me?' I think they are fundamentally different questions. I underestimated how beneficial taking 30-60 days away from the world in a therapeutic environment is really a game changer for my long-term recovery."

Deciding to get treatment for a drug addiction is a really big decision. When I went in, I was really only 25% sure I wanted to stay sober for the long term. As I went through the process, each day, that percentage increased. Take that first step, even if you may not totally be up for recovery. You may be surprised how you feel by the end of treatment. I know I did."



Cole Piché

Alumni

The Recovery Village Columbus



When did you realize you wanted to get treatment?

“When I hit rock bottom...”

I woke up in the hospital after being in a coma for over two days. I had had a seizure from alcohol withdrawal while going down my hardwood steps. This was not my first alcohol-related seizure. I came to in the hospital with tubes down my throat and tubes in other places (I will not go into detail). I was terrified, had zero memory of how I got there and how long I had been there. My memory was severely affected for weeks. My family did not know if I would wake up or what condition I would be in when I did.

I had been to treatment once before but relapsed soon after. This time, I came to the realization that this disease is life or death. Before this happened, I did not care whether I lived or died. By coming so close to death, I came to the conclusion that I wanted to live, I wanted to be happy again. Only sobriety could make me myself again.”

Why did you (or your loved one) choose our treatment center?

“I believe it was fate. I googled “rehab near me” and clicked on The Recovery Village. I called and told them I needed to get into treatment as soon as possible. After 11 days in the hospital, I arrived at The Recovery Village.”

What part of your treatment was the most helpful?

“The staff. Especially Mel Timberlake and my therapist Nadine. Mel has an amazing story, and against all odds, he came back from near death and decided to become a counselor to help people with the same disease he has struggled with. I believe Mel found his calling and is doing exactly what he was meant to do in life. Mel, Nadine, and the rest of the staff at RVC saved my life, and I am forever grateful for them showing me that happiness and recovery is possible for anyone who wants to achieve it.”



Cole Piché

Alumni

The Recovery Village Columbus



Who made the biggest difference in your recovery journey?

“My family, most of all my brother and best friend Shane.

At RVC, Mel Timberlake made the biggest difference in my recovery journey. I am forever grateful for his passion and wisdom. RVC gave me the tools to live a happy and sober life. I now feel like I have a purpose in life and wish to help others achieve what RVC gave me.”

How has your life changed after getting treatment at our center?

“My life is slowly changing day by day. It’s the little victories that make up recovery; it is not something you can do overnight.”

How would you encourage someone else who needs treatment?

“I would tell them that they are not alone. Active addiction is a sad and lonely place, but there are other people out there going through the same struggle as you. You just have to seek them out. Do not be ashamed of your addiction, be proud of the way you battle it, day in and day out. You have nothing to lose by going to rehab, only things to gain.”





Joseph Herycyk

Alumni

The Recovery Village Columbus

When did you realize you wanted to get treatment?

"In March of 2023."

Why did you (or your loved one) choose our treatment center?

"It was the closest."

What part of your treatment was the most helpful?

"The mindfulness training was the most helpful."

Who made the biggest difference in your recovery journey?

"Me. I understood my recovery was up to me."

How has your life changed after getting treatment at our center?

"Night and day — it seemed like I have been asleep many years, then woke up seeing life for the first time."

How would you encourage someone else who needs treatment?

"Get busy living or get busy dying."





THE
RECOVERY
VILLAGE
RIDGEFIELD

A short drive from both Portland, Seattle and surrounding cities, The Recovery Village Ridgefield aims to curb addiction in Washington, Oregon and the greater Northwest U.S. Located in Ridgefield, Washington, our 80-bed facility sits on five acres of land and provides our patients with a safe environment that promotes recovery from addiction. Our standalone detox facility, The Recovery Village Ridgefield Detox Center, offers high-quality medical detox care in addition to the programs at our main facility.

We believe that anyone can overcome addiction in a supportive environment with compassionate treatment. Complete with a full-time medical and clinical staff, an array of amenities and many recreational therapy options, The Recovery Village Ridgefield is equipped to help clients begin lasting recovery.

Start Your Recovery Journey with Us

888 Hillhurst Rd.
Ridgefield, WA 98642

(855) 623-0398

ridgefieldrecovery.com



Dylan Zabriskie

Alumni

The Recovery Village
Ridgefield



When did you realize you wanted to get treatment?

"I realized when I didn't want to die but I didn't want to live anymore. Not the life I was living anyway."

Why did you (or your loved one) choose our treatment center?

"I had been there a month earlier and only did residential. I really felt comfortable there and the staff all care."

What part of your treatment was the most helpful?

"The process of digging into the mental side of recovery is what helped me the most."

Who made the biggest difference in your recovery journey?

"It's hard to pick just one person to say that they made the biggest impact. My clinician Lindsay and the entire staff helped guide me in the right direction."

How has your life changed after getting treatment at our center?

"I am still sober, continuing outpatient treatment, living in sober housing, reconnecting with my wife, family and friends... just living a happier, healthier life that I couldn't have imagined before RVR."

How would you encourage someone else who needs treatment?

"If you think you need help, you probably do. Even if it doesn't involve full inpatient treatment, get help. If you think that you don't have the time or have too many obligations, guess what? Nothing is as important as getting the help that you need to have a brighter future. All those obligations are meaningless if you can't cope with everyday life."



Grace LaFortune

Alumni

The Recovery Village Ridgefield



When did you realize you wanted to get treatment?

"I recognized that my addiction was out of control when it started interfering with my job, my social life, and my personal life. Although I did not realize at the time I did go to treatment, my health was at risk as well."

Why did you (or your loved one) choose our treatment center?

"Frankly, I chose Ridgefield because it was the nearest treatment center with promising reviews."

Who made the biggest difference in your recovery journey?

"Some staff/faculty did make a larger impact than others. My clinician during treatment was Jesse Conley; I was able to comprehend my anxiety in a new light after the conversations I had with Jesse. Stephannie is a BHT at RVR and she is absolutely amazing; not only is Stephannie one of the hardest workers I've come across, she puts her whole heart into her work and it shines through in everything she does.

The head chef at RVR, Eric, also had a huge impact on my time in treatment. I had a really difficult time eating, due to anxiety, depression, and likely an underlying eating disorder. Eric would encourage me daily, every time we spoke, to come to the cafeteria for a meal. On the days I kindly told him I wouldn't be eating, he would give me Ensure drinks just so I had some sustenance. He also frequently would check in with me.

I had a difficult time sleeping in RVR for a multitude of reasons, that being said I grew close to people who worked night shifts. Heather and Kiera worked many of the nights I experienced difficulty sleeping. Heather and Kiera both are PINNACLES of female strength, resilience, and power. These two also are extremely hardworking and put their hearts into their jobs at RVR.

Overall, all of the staff and faculty at one point or another helped me in my recovery, gave me a piece of advice that pops up into my head when I consider relapse, or genuinely showed their love, support & encouragement to me. To Scott, Maddi, Kelley, Tia, Staci, Lindsay, Danny, Alicia, the AMAZING and PATIENT women and men who work in the med center, to all of the cleaning staff & other people I have not mentioned — I cannot express the gratitude I have for everyone at the The Recovery Village Ridgefield."



Grace LaFortune

Alumni

The Recovery Village Ridgefield



What part of your treatment was the most helpful?

"I cannot emphasize enough how influential and inspirational the staff at RVR were during my time there. Treatment is not pretty, easy, or comfortable in any way. Being surrounded by staff who are building you up and rooting for your success on a daily basis, in addition to the clinicians' varying perspectives on what recovery can look like, is unbelievably empowering.

My advice, as someone who does not feel comfortable or trusting in the company of strangers, is to trust the staff and faculty. From my personal experience, I can honestly say that I left RVR a new person with a new identity who I cherish to this day."

How has your life changed after getting treatment at our center?

"The picture I included was taken the day after I was discharged from RVR. I felt healthier and happier than I had in years. Despite returning home to make major life changes and tough decisions, I know I could not have handled things properly if I did not have my sobriety to provide me the clarity I needed.

When you leave treatment, problems or unfortunate situations you left will still be there waiting for you. However, being able to confront those situations with a new ability to set boundaries, respect yourself, demand the best for yourself at all costs, and protect your sobriety, that is what matters. Once you make it through the thick brush of chaos with your sobriety intact, that is when life truly becomes a reward instead of a chore."

How would you encourage someone else who needs treatment?

"I know I was not attracted to the idea of being in a strange place, surrounded by strange people, for 30 days. I was terrified to go through such a challenging process without my family or friends by my side. I will say that my experience and what I was able to take from RVR, I have never been able to find in a meeting. That is my own experience.

I would encourage anyone who wakes up every day feeling sick, whose job, marriage, family, or mental health is at stake, to seek treatment. Treatment is not a cure, but it is a tonic for the body, mind, and soul. If you take treatment seriously, if you're committed to sobriety, treatment will give you a 30-day advantage and head start in maintaining sobriety long-term."



Grace Peacock

Alumni

The Recovery Village
Ridgefield



When did you realize you wanted to get treatment?

"When my life became unmanageable."

Why did you (or your loved one) choose our treatment center?

"I heard it was amazing, and it was close to home."

What part of your treatment was the most helpful?

"Figuring out what it was that had driven me to use."

Who made the biggest difference in your recovery journey?

"Just about all of the staff, they are truly a godsend."

How has your life changed after getting treatment at our center?

"Still making strides every single day, but I am already working, have a great routine going. I love myself, and feel like there isn't anything I can't do!"

How would you encourage someone else who needs treatment?

"To not be afraid. To really sit in the good and bad emotions, dig deeper than you ever had. There are going to be bad days for the rest of our lives. Do you wanna be able to face and cope with them? Or keep trying to run from a problem that is faster than you?"



Ryan Baxter

Alumni

The Recovery Village Ridgefield



When did you realize you wanted to get treatment?

"A month before I went in."

Why did you (or your loved one) choose our treatment center?

"After doing my research, it was the most promising facility, with what they had to offer, as well as having the best reviews and highest rating."

What part of your treatment was the most helpful?

"The staff. Every single member of the staff is dedicated to your well-being and recovery. The structure, knowledge and tools, as well, were crucially more helpful than I ever expected them to be. The entire program and all those that support it made RVR a better experience than I could've ever imagined going into it."

Who made the biggest difference in your recovery journey?

"The lovely Mary: her wisdom, patience, and above all, her warm heart and ability to see and meet people where they're at. She changed my life forever.

Danny, with his inspiring example, piercing and challenging approach to teaching, and sincere concern and care for each and every patient that walks through his doors.

Stephanie, her unparalleled work ethic, infectious positive attitude and willingness to go SO far above and beyond to provide and support patients at every step."

How has your life changed after getting treatment at our center?

"In more ways than I could've hoped. I now have the tools to provide myself with the support I need to carry out a lifetime of recovery and the confidence and self-awareness to ask for help when I don't."

How would you encourage someone else who needs treatment?

"Give yourself permission to meet yourself where you're at, to be honest with yourself that you need more help than you've been able to provide. If you've made it this far, you no doubt have exceptional strength and courage. Take it one step further and allow the support and love of others to take you the rest of the way."





THE
RECOVERY
VILLAGE
PALMER LAKE

At The Recovery Village Palmer Lake, we believe that anyone who struggles with drug and alcohol addictions and co-occurring mental health conditions can heal. Our accredited addiction treatment facility offers a continuum of rehab programs in a safe, supportive environment with compassionate care from medical and clinical professionals.

Only 15 minutes from Colorado Springs and 60 miles from Denver, The Recovery Village Palmer Lake balances medical support with mental health counseling and recreational therapies in a scenic setting. Our 110-bed facility welcomes adults from all backgrounds, and offers personalized treatment programming to fit a variety of unique needs. Our sister location, Denver Mental Health and Counseling, offers patients dual diagnosis outpatient care for a stronger, long-term recovery.

Start Your Recovery Journey with Us

443 South Hwy 105
Palmer Lake, CO 80133

(855) 623-0398

palmerlakerecovery.com



Katie Brennan

Alumni

The Recovery Village Palmer Lake



When did you realize you wanted to get treatment?

"I experienced a withdrawal seizure on May 6, 2023. I had never been so scared. I was finally honest with people closest to me about my drinking. Their added concern and support solidified my need and desire to seek help."

Why did you (or your loved one) choose our treatment center?

"I live in Palmer Lake so my loved ones were searching in that area. I chose PLR because of the proximity, familiarity, convenience, availability, trauma-based approach, and comprehensive treatment."

What part of your treatment was the most helpful?

"Connecting with like-minded people, being in a safe environment, and how much I learned about the brain, body, and addiction."

Who made the biggest difference in your recovery journey?

"Me! I also truly connected with my cohort. It made a big difference that the clinical staff was able to share their personal experiences with addiction and what the other side looks like. I learned and absorbed so much from their teachings, perspective, and guidance."

How has your life changed after getting treatment at our center?

"I know I am on the right path! I have more energy, positivity, focus, and love for myself. I am embracing the process, being gentle with myself, continuing to do the work, and loving sobriety. It feels like I'm meeting myself and I like who she is."

How would you encourage someone else who needs treatment?

"Treatment is worth it. You're worth it. Yes, it is scary, uncomfortable, and vulnerable stepping into the unknown. But I promise it is more beautiful than you could imagine — the best gift you could give to yourself."



Abraham Teniza

Alumni

The Recovery Village

Palmer Lake



When did you realize you wanted to get treatment?

"When I was blacking out and waking up in the hospital too many times and causing myself embarrassment."

Why did you (or your loved one) choose our treatment center?

"I did my research and saw great reviews and comments about Palmer Lake."

What part of your treatment was the most helpful?

"Getting to express myself and letting out my emotions and being vulnerable and telling my story."

Who made the biggest difference in your recovery journey?

"Myself in being willing to change and becoming a better person than who I was before."

How has your life changed after getting treatment at our center?

"I changed a lot. I'm a better person, I'm happy, I started to join things again. And I'm bettering myself each day to become successful."

How would you encourage someone else who needs treatment?

"Don't be scared; do this for you and only you and not for others. Commit to yourself that you want to become a better version of you."





THE
RECOVERY
VILLAGE
ATLANTA

The Recovery Village Atlanta opened in December 2022 as part of Advanced Recovery Systems' nationwide network of addiction treatment facilities. Located in the suburbs of Alpharetta, Georgia, the 31,000-square-foot facility includes 60 beds and a continuum of rehab programs for adults with substance use disorders and co-occurring mental health disorders. The facility is a tranquil retreat with a nurturing staff to help people struggling with drugs or alcohol.

Complete with a full-time medical and clinical staff, an array of amenities and holistic support options, The Recovery Village Atlanta is equipped to help patients begin lasting recovery. The team will also welcome a new Stockbridge treatment location in 2024 to further expand local access to high-quality care.

Start Your Recovery Journey with Us

11725 Pointe Pl.
Roswell, GA 30076

(855) 623-0398

recoveryatlanta.com



Gary Sargent

Alumni

The Recovery Village Atlanta



When did you realize you wanted to get treatment?

"After my mother passed, I started to drink excessively."

Why did you (or your loved one) choose our treatment center?

"Insurance and convenience and the comfort of conversation. The center never gave up on communication with me."

What part of your treatment was the most helpful?

"The relationship and dedication from staff."

Who made the biggest difference in your recovery journey?

"Me realizing where I was in my mind and what I needed to change."

How has your life changed after getting treatment at our center?

"I have a much calmer and patient mind."

How would you encourage someone else who needs treatment?

"Don't sell yourself short and try hard and open up."





Connie Clanton

Alumni

The Recovery Village Atlanta

When did you realize you wanted to get treatment?

"When I was no longer in control."

Why did you (or your loved one) choose our treatment center?

"It was close to home."

What part of your treatment was the most helpful?

"The classes and therapy sessions."

Who made the biggest difference in your recovery journey?

"My therapists."

How has your life changed after getting treatment at our center?

"My life is so different, I'm free from the wrenches of addiction. Truly blessed. ❤️"

How would you encourage someone else who needs treatment?

"Take that first step. It looks scary. But you will be so happy you did. No more chains that bind you. Freedom from addiction is amazing. Just take a chance. Your new life is waiting, with happy days ahead. ❤️"





Rohan Montgomery

Alumni
The Recovery Village Atlanta

When did you realize you wanted to get treatment?

"Back in February."

Why did you (or your loved one) choose our treatment center?

"Because I wanted to be around people who cared about me and my well-being."

What part of your treatment was the most helpful?

"The one-on-one sessions with my therapist."

Who made the biggest difference in your recovery journey?

"Myself and my choices."

How has your life changed after getting treatment at our center?

"It was a complete 360."

How would you encourage someone else who needs treatment?

"Go for it with an open and honest heart."



Terry Hughes

Alumni

The Recovery Village Atlanta



When did you realize you wanted to get treatment?

"When my life became totally unmanageable."

Why did you (or your loved one) choose our treatment center?

"I had decided that being in treatment for 30 days at another facility wasn't enough, and I heard good things about The Recovery Village."

What part of your treatment was the most helpful?

"Dialectical behavior therapy and cognitive behavior therapy."

Who made the biggest difference in your recovery journey?

"Me deciding to become willing to do whatever it took to change my way of life."

How has your life changed after getting treatment at our center?

"I'm living life on life's terms, and I am at peace with the universe, and I have a conscious contact with my higher power."

How would you encourage someone else who needs treatment?

"I would share my experience, strength and hope with them."





INTERNATIONAL ASSOCIATION
OF FIRE FIGHTERS

IAFF Center of Excellence for Behavioral Health Treatment and Recovery

Through a partnership between the International Association of Firefighters (IAFF) and Advanced Recovery Systems, the IAFF Center of Excellence is a flagship recovery center where IAFF members can heal from behavioral health conditions.

The first of its kind, the IAFF Center of Excellence offers treatment exclusively for fire fighters, dispatchers and first responders. We offer treatment for mental health conditions like post-traumatic stress disorder (PTSD) and complicated grief, along with rehab for drug and alcohol abuse.

Located in Upper Marlboro, Maryland, the IAFF Center for Excellence is approximately 30 minutes from Washington, D.C., and an hour from Dulles International Airport. Designed with fire fighters in mind, our 15-acre campus is ideal for focusing on treatment and recovery. Our dual diagnosis rehab programs balance medical support with mental health counseling, while our recreational therapies facilitate whole-person healing.

Specialized Treatment for IAFF Members

13400 Edgemoade Rd.
Upper Marlboro, MD 20772

(855) 623-0398

iaffrecoverycenter.com



Cory Horsens

Alumni, IAFF Center of Excellence
for Behavioral Health Treatment
and Recovery



When did you realize you wanted to get treatment?

"I realized I wanted and needed to get treatment after separating from my wife."

Why did you (or your loved one) choose our treatment center?

"I have had friends and co-workers attend the IAFF Center of Excellence in the past. I have never heard anything other than glowing reviews of the program. It wasn't until I was able to receive care and experience the Center of Excellence for myself that I got a true understanding of what an amazing facility it is!"

What part of your treatment was the most helpful?

"I found individual sessions with members of the clinical team and trauma group to be the most helpful in my recovery."

Who made the biggest difference in your recovery journey?

"It would be difficult to narrow it down to a single individual. The entire staff, from the Executive Director, all the way through to the support team in the kitchen, are all passionate about ensuring patients get the best care possible. Remi Benson is one of the team members that will forever hold a special place in my heart. Her care and professionalism were instrumental in propelling me forward in my recovery journey."

How has your life changed after getting treatment at our center?

"My life has drastically changed for the better since receiving treatment at the IAFF Center of Excellence! Despite ongoing stresses and struggles, I remain strong in my recovery. I am following my aftercare program and feel as though I've been provided with the tools necessary to continue living my best life."

How would you encourage someone else who needs treatment?

"The hardest part of the journey is admitting you need help! Speaking for myself, I was always too proud and too concerned that others might view me as weak if I sought mental health treatment. My biggest regret is waiting until I was 47. I am confident my life would have been much different if I would have put my ego aside long ago. I would encourage anyone who is struggling to reach out and make the call. You won't regret it."



John Bates

Alumni, IAFF Center of Excellence for Behavioral Health Treatment and Recovery



When did you realize you wanted to get treatment?

"I knew that I needed help at one and a half weeks before I arrived at the COE."

Why did you (or your loved one) choose our treatment center?

"I've been an IAFF member for 35 years. My brother fire fighters recognized my struggles and made it happen. Thank you Local 2180."

What part of your treatment was the most helpful?

"Every part of the treatment was extremely helpful, but my two clinicians Remi and Shelby saved my life."

Who made the biggest difference in your recovery journey?

"My wife and family gave me the support I needed to get me through 40 days at the COE. Additionally, if it weren't for all my brothers and sisters at the COE, my survival wouldn't have been possible."

How has your life changed after getting treatment at our center?

"After getting my life-changing treatment, I can now be home with a clear feeling in my brain, and not have to worry about if I will live through the day."

How would you encourage someone else who needs treatment?

"If you are feeling hopeless, helpless, and like you have an end in sight, you need to own it. After you realize you need help, and have called the Center of Excellence, your recovery has started. It will be the hardest thing you will ever do, but the best thing you will ever do. It will save your life!!"





Ryan Williamson

Alumni, IAFF Center of Excellence for Behavioral Health Treatment and Recovery

When did you realize you wanted to get treatment?

“The moment that I hit rock bottom and that I was on the brink of losing my marriage.”

Why did you (or your loved one) choose our treatment center?

“We are both IAFF union members and honestly, it was a last resort for myself.”

What part of your treatment was the most helpful?

“Every single person. I have been trying to figure out what makes the magic of the place, but it is truly the people.”

Who made the biggest difference in your recovery journey?

“There are honestly way too many people to thank for this. But, truthfully, if I didn't have the desire to make myself better, then none of recovery would have happened.”

How has your life changed after getting treatment at our center?

“From sitting in a bowl of pity and honestly not giving a shit about myself to having self-love is probably one of the most drastic changes I have noticed.”

How would you encourage someone else who needs treatment?

“It is very cliché to hear, ‘trust the process,’ but it does work. I spent 38 days there. I am reformed and would fully recommend this place to anyone who has even contemplated anything of the sort.”





Stephen Simonson

Alumni, IAFF Center of Excellence for Behavioral Health Treatment and Recovery

When did you realize you wanted to get treatment?

"After realizing that living with anxiety and depression was not how I wanted to live the rest of my life."

Why did you (or your loved one) choose our treatment center?

"As a member of the IAFF, I knew that getting treatment with my peers who understood how the fire service works mattered, and the damage it can do to one's mental health without help."

What part of your treatment was the most helpful?

"The stories and conversations with my peers who were dealing with similar situations and struggles. We all were able to lean on each other to make the healing process less stressful."

What made the biggest difference in your recovery journey?

"The ability to stop avoiding my problems and having the tools to tackle them head on."

How has your life changed after getting treatment at our center?

"For the first time in a long time, I'm able to live without depression and anxiety controlling my life."

How would you encourage someone else who needs treatment?

"The first thing I would do is recommend the IAFF Center of Excellence and ARS."



Introducing Our Newest Inpatient Facilities



THE
RECOVERY
VILLAGE
KANSAS CITY

The Recovery Village Kansas City is a physician-led rehab facility offering evidence-based and safe care for drug and alcohol addiction and mental health disorders. We opened our doors in 2023 as part of Advanced Recovery Systems' nationwide network of rehabilitation facilities. Located in scenic Kansas City, Missouri, our state-of-the-art 80-bed rehab facility is a comfortable, healing-focused environment.

recoverykansascity.com



THE
RECOVERY
VILLAGE
INDIANAPOLIS

The Recovery Village Indianapolis is a physician-led rehabilitation facility committed to providing safe, evidence-based care for drug and alcohol addiction and co-occurring mental health conditions. Our facility will open its doors in 2024 in the heart of Indiana as part of Advanced Recovery Systems' nationwide network of rehabilitation facilities.

recoveryindianapolis.com





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LIVES IMPACTED

ADVANCED RECOVERY SYSTEMS